

25ste Kwarttriatlon Abbekerk, 7 september 2008

| <u>Plaats</u> | <u>Naam / Team</u> | <u>Woonplaats</u> | <u>Categorie</u> | <u>Zwemtijd</u> | <u>Fietstijd</u> | <u>Looptijd</u> | <u>Eindtijd</u> |
|---------------|--------------------|-------------------|------------------|-----------------|------------------|-----------------|-----------------|
| 1 | Koen Spoorenberg | LANDSMEER | H.Mas | 0:14:12 | 1:11:29 | 0:40:49 | 2:06:30 |
| 2 | Sonja Jaarsveld | HOORN | Dames | 0:14:38 | 1:21:59 | 0:37:08 | 2:13:45 |
| 3 | Theo van der Fluit | NOORD-SCHARWOUDE | H.Mas | 0:14:50 | 1:24:05 | 0:39:47 | 2:18:42 |
| 4 | Ronald de Jong | PURMEREND | H.Mas | 0:14:26 | 1:23:25 | 0:44:03 | 2:21:54 |
| 5 | Ruud Degeling | HOORN | H.Mas | 0:16:42 | 1:25:21 | 0:40:28 | 2:22:31 |
| 6 | Corine Nelen | EDAM | Dames | 0:15:07 | 1:26:40 | 0:43:02 | 2:24:49 |
| 7 | Rob Marinus | HEERHUGOWAARD | H.Mas | 0:14:50 | 1:26:54 | 0:44:59 | 2:26:43 |
| 8 | William Kooy | ABBEKERK | H.Mas | 0:18:58 | 1:26:24 | 0:41:49 | 2:27:11 |
| 9 | Michiel Hoff | KROMMENIE | Heren | 0:15:25 | 1:27:12 | 0:45:23 | 2:28:00 |
| 10 | Denny Roos | HOORN | H.Mas | 0:14:40 | 1:25:20 | 0:48:51 | 2:28:51 |
| 11 | Frank Ettés | BLOKKER | H.Mas | 0:17:22 | 1:31:58 | 0:41:00 | 2:30:20 |
| 12 | Nico Langedijk | MEDEMBLIK | Heren | 0:18:57 | 1:26:51 | 0:45:52 | 2:31:40 |
| 13 | Marc Bouwer | ALKMAAR | H.Mas | 0:19:19 | 1:30:16 | 0:42:08 | 2:31:43 |
| 14 | Jan Smit | OPPERDOES | H.Mas | 0:20:47 | 1:30:07 | 0:40:51 | 2:31:45 |
| 15 | Sjaak Mettes | ABBEKERK | H.Mas | 0:18:32 | 1:32:23 | 0:41:07 | 2:32:02 |
| 16 | Hans Dinkelberg | HOORN | H.Mas | 0:16:51 | 1:30:27 | 0:45:24 | 2:32:42 |
| 17 | Arjan de Beurs | ABBEKERK | Heren | 0:20:13 | 1:28:25 | 0:44:19 | 2:32:57 |
| 18 | Nils Kaan | HEERHUGOWAARD | H.Mas | 0:13:05 | 1:32:06 | 0:47:57 | 2:33:08 |
| 19 | John Wittenberg | HOORN | H.Mas | 0:14:58 | 1:32:12 | 0:46:47 | 2:33:57 |
| 20 | Gerard Schouten | UTRECHT | Heren | 0:19:47 | 1:28:51 | 0:45:36 | 2:34:14 |
| 21 | Norbert Bijvoet | WOGNUM | Heren | 0:18:43 | 1:33:49 | 0:43:13 | 2:35:45 |
| 22 | Robbert van Meulem | OOSTWOUDE | H.Mas | 0:16:37 | 1:32:53 | 0:46:32 | 2:36:02 |
| 23 | Rene Huisman | HOORN | H.Mas | 0:16:24 | 1:35:56 | 0:45:06 | 2:37:26 |
| 24 | Dennis Kaarsemaker | ONDERDIJK | Heren | 0:20:08 | 1:31:45 | 0:45:51 | 2:37:44 |
| 25 | Henny Tol | HOORN | H.Mas | 0:18:39 | 1:29:43 | 0:49:29 | 2:37:51 |

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|----|------------------------------|-----------------------|-------|---------|---------|---------|---------|
| 26 | Erik Coevert | LAMBERTSCHAAG | Heren | 0:16:20 | 1:31:12 | 0:51:31 | 2:39:03 |
| 27 | Hans Last | HOORN | H.Mas | 0:21:21 | 1:36:02 | 0:41:45 | 2:39:08 |
| 28 | Clemens Beemsterboer | ABBEKERK | H.Mas | 0:20:32 | 1:32:57 | 0:45:40 | 2:39:09 |
| 29 | Marion Visser | NOORD- SCHARWOUDE | Dames | 0:15:23 | 1:38:04 | 0:46:14 | 2:39:41 |
| 30 | Gerrit Burggraaf | ABBEKERK | H.Mas | 0:22:34 | 1:37:19 | 0:42:36 | 2:42:29 |
| 31 | Kees Groenland | OBDAM | H.Mas | 0:18:47 | 1:34:51 | 0:49:06 | 2:42:44 |
| 32 | Peter Borst | HENSBROEK | Heren | 0:16:12 | 1:39:25 | 0:47:37 | 2:43:14 |
| 33 | Cor Oorthuijsen | EGMOND BINNEN | H.Mas | 0:20:17 | 1:34:40 | 0:49:49 | 2:44:46 |
| 34 | Hans Groot | LAMBERTSCHAAG | H.Mas | 0:22:18 | 1:42:41 | 0:41:43 | 2:46:42 |
| 35 | Ruud Haanstra | ABBEKERK | H.Mas | 0:22:57 | 1:42:18 | 0:42:41 | 2:47:56 |
| 36 | Bert Odie | ABBEKERK | H.Mas | 0:23:49 | 1:35:48 | 0:48:20 | 2:47:57 |
| 37 | Fred van Wageningen | ANNA PAULOWNA | H.Mas | 0:22:43 | 1:37:45 | 0:48:35 | 2:49:03 |
| 38 | Simon Schoutsen | AMSTERDAM | Heren | 0:19:36 | 1:45:21 | 0:45:19 | 2:50:16 |
| 39 | Robin Kaag | BROEK OP LANGEDIJK | Heren | 0:17:25 | 1:35:05 | 0:57:51 | 2:50:21 |
| 40 | Ed van Mol | URSEM | H.Mas | 0:19:05 | 1:34:19 | 0:57:29 | 2:50:53 |
| 41 | Jessica Bustos-Soza | MIDDENMEER | Dames | 0:23:08 | 1:39:22 | 0:49:03 | 2:51:33 |
| 42 | Bouke Fennema | BRITSUM | H.Mas | 0:19:29 | 1:45:09 | 0:47:34 | 2:52:12 |
| 43 | Margreth de Vries | ABBEKERK | Dames | 0:20:06 | 1:40:19 | 0:52:25 | 2:52:50 |
| 44 | Christel Betten | ABBEKERK | Dames | 0:17:47 | 1:42:18 | 0:52:59 | 2:53:04 |
| 45 | Tonny Deckers | HOORN | Dames | 0:17:24 | 1:44:11 | 0:51:35 | 2:53:10 |
| 46 | Dave Dolleman | ABBEKERK | Heren | 0:20:50 | 1:36:00 | 0:56:25 | 2:53:15 |
| 47 | Wilma Bakker | NIEUWE NIEDORP | Dames | 0:18:48 | 1:41:25 | 0:55:58 | 2:56:11 |
| 48 | Anton Douwes | MIDWOUD | H.Mas | 0:22:56 | 1:41:23 | 0:56:14 | 3:00:33 |
| 49 | Frank Detmers | NIBBIXWOUD | Heren | 0:20:20 | 1:35:56 | 1:04:44 | 3:01:00 |
| 50 | Wouter Blokland | ZAANDIJK | H.Mas | 0:18:09 | 1:48:57 | 0:57:05 | 3:04:11 |
| 51 | Chris Steensma | TUITJENHORN | Heren | 0:22:48 | 1:50:22 | 0:51:08 | 3:04:18 |
| 52 | Gerard-Jan van Lijnen Noomen | ABBEKERK | Heren | 0:20:40 | 1:50:31 | 0:55:00 | 3:06:11 |
| 53 | Jan Scholten | WEESP | H.Mas | 0:22:47 | 1:41:25 | 1:02:14 | 3:06:26 |

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| 54 | Gerda Holla | OOSTWOUD | Dames | 0:18:05 | 1:47:41 | 1:02:44 | 3:08:30 |
| 55 | Robert Kruijshaar | ZAANDAM | H.Mas | 0:24:17 | 1:49:10 | 0:55:37 | 3:09:04 |
| 56 | Bea Bakker | ABBEKERK | Dames | 0:23:29 | 1:48:32 | 1:00:37 | 3:12:38 |
| 57 | Wim Rootjes | DIRKSHORN | H.Mas | 0:27:06 | 1:51:39 | 0:56:16 | 3:15:01 |
| 58 | Monique van Veen-Knubben | BENNINGBROEK | Dames | 0:22:54 | 1:57:04 | 1:00:16 | 3:20:14 |
| 59 | Lou Coevert | ABBEKERK | H.Mas | 0:28:20 | 1:58:14 | 0:53:41 | 3:20:15 |
| 60 | Bas Horneman | MIDDENMEER | Heren | 0:22:38 | 2:01:52 | 1:17:43 | 3:42:13 |

25ste Kwarttriatlon Abbekerk, 7 september 2008

| <u>Plaats</u> | <u>Naam / Team</u> | <u>Woonplaats</u> | <u>Categorie</u> | <u>Zwemtijd</u> | <u>Fietstijd</u> | <u>Looptijd</u> | <u>Eindtijd</u> |
|---------------|---------------------------------------|-------------------|------------------|-----------------|------------------|-----------------|-----------------|
| 1 | Tsct-Donker&WitTuintechniek1 | WINKEL | Trio | 0:12:43 | 1:12:51 | 0:33:29 | 1:59:03 |
| 2 | Team Musculaire | WERVERSHOOF | Trio | 0:12:47 | 1:10:39 | 0:36:52 | 2:00:18 |
| 3 | Not One Of Us Is As Good As All Of Us | HOORN | Trio | 0:15:32 | 1:13:29 | 0:35:29 | 2:04:30 |
| 4 | Bijna 51 | ZWAAG | Trio | 0:13:06 | 1:20:48 | 0:36:59 | 2:10:53 |
| 5 | Tsct-Donker&WitTuintechniek2 | TWISK | Trio | 0:17:09 | 1:17:58 | 0:40:23 | 2:15:30 |
| 6 | Ruim 100 | ZWAAG | Trio | 0:16:03 | 1:23:48 | 0:36:40 | 2:16:31 |
| 7 | Esdoorn Toppers | ABBEKERK | Trio | 0:15:30 | 1:21:15 | 0:45:19 | 2:22:04 |
| 8 | Kerkstraat Wognum | WOGNUM | Trio | 0:17:15 | 1:30:21 | 0:35:46 | 2:23:22 |
| 9 | Parklaantijgers | ABBEKERK | Trio | 0:17:13 | 1:24:16 | 0:42:39 | 2:24:08 |
| 10 | Boschboekelteam | ABBEKERK | Trio | 0:19:52 | 1:24:33 | 0:39:59 | 2:24:24 |
| 11 | Stanislav Sympatico | ABBEKERK | Trio | 0:21:16 | 1:20:15 | 0:45:59 | 2:27:30 |
| 12 | De3zwaantjes | OPPERDOES | Trio | 0:18:14 | 1:24:14 | 0:49:32 | 2:32:00 |
| 13 | Go For It | SPANBROEK | Trio | 0:19:19 | 1:29:48 | 0:43:12 | 2:32:19 |
| 14 | Jong Belegen | MIDWOUD | Trio | 0:19:28 | 1:29:10 | 0:44:00 | 2:32:38 |
| 15 | Familie Zutt | ABBEKERK | Trio | 0:19:18 | 1:30:14 | 0:43:50 | 2:33:22 |
| 16 | Mulder Obdam | OBDAM | Trio | 0:21:25 | 1:34:44 | 0:37:20 | 2:33:29 |
| 17 | De Veelplegers | HOORN | Trio | 0:16:17 | 1:33:51 | 0:43:42 | 2:33:50 |
| 18 | Wis EnWaarachtig! | NIEUWE NIEDORP | Trio | 0:23:29 | 1:06:17 | 1:04:06 | 2:33:52 |
| 19 | De Zwagers | ALKMAAR | Trio | 0:19:46 | 1:29:25 | 0:44:45 | 2:33:56 |
| 20 | Het Laatste Stootje | SPANBROEK | Trio | 0:21:12 | 1:27:48 | 0:44:57 | 2:33:57 |
| 21 | Beststro | ABBEKERK | Trio | 0:16:41 | 1:34:16 | 0:44:58 | 2:35:55 |
| 22 | Jocomibju | EMMELOORD | Trio | 0:12:47 | 1:38:44 | 0:45:52 | 2:37:23 |
| 23 | Glas Autobedrijf | HOOGWOUD | Trio | 0:23:51 | 1:30:08 | 0:48:10 | 2:42:09 |
| 24 | Mirjam-Jan-Ben | ABBEKERK | Trio | 0:21:16 | 1:33:23 | 0:48:19 | 2:42:58 |
| 25 | Supertrio | TWISK | Trio | 0:22:01 | 1:38:25 | 0:43:27 | 2:43:53 |
| 26 | W&D Events | HEERHUGOWAARD | Trio | 0:27:02 | 1:32:47 | 0:44:07 | 2:43:56 |

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| 27 | Duotensen | ABBEKERK | Trio | 0:26:32 | 1:25:28 | 0:55:21 | 2:47:21 |
| 28 | Gymnasten | ABBEKERK | Trio | 0:19:58 | 1:33:11 | 0:54:27 | 2:47:36 |
| 29 | Als de brandweer 3 | ABBEKERK | Trio | 0:20:18 | 1:31:52 | 0:55:43 | 2:47:53 |
| 30 | BSS | MEDEMBLIK | Trio | 0:21:56 | 1:34:29 | 0:51:42 | 2:48:07 |
| 31 | Eindelijk | OOSTWOUD | Trio | 0:18:20 | 1:45:02 | 0:44:45 | 2:48:07 |
| 32 | Volgend Jaar Beter | ABBEKERK | Trio | 0:23:04 | 1:37:07 | 0:49:56 | 2:50:07 |
| 33 | Ffwinnuh '08 | ABBEKERK | Trio | 0:25:42 | 1:26:09 | 1:00:33 | 2:52:24 |
| 34 | Recht Zo Die Gaat | TWISK | Trio | 0:24:05 | 1:32:07 | 0:56:40 | 2:52:52 |
| 35 | Als de brandweer 1 | ABBEKERK | Trio | 0:22:33 | 1:42:29 | 0:50:50 | 2:55:52 |
| 36 | Van Twee Walletjes | MIDWOUD | Trio | 0:24:34 | 1:42:03 | 0:49:58 | 2:56:35 |
| 37 | De Spetters | ABBEKERK | Trio | 0:26:50 | 1:38:42 | 0:51:29 | 2:57:01 |
| 38 | Als de brandweer 2 | ABBEKERK | Trio | 0:21:54 | 1:43:35 | 0:52:30 | 2:57:59 |
| 39 | Antlandnoulauwmaarderes | ABBEKERK | Trio | 0:20:27 | 1:44:04 | 0:53:50 | 2:58:21 |
| 40 | Elrero | PURMEREND | Trio | 0:18:23 | 1:50:08 | 0:49:51 | 2:58:22 |
| 41 | Van AlfenUnited | ABBEKERK | Trio | 0:22:03 | 1:48:45 | 0:50:03 | 3:00:51 |
| 42 | Jelte's Angels | ABBEKERK | Trio | 0:23:58 | 1:37:17 | 1:00:26 | 3:01:41 |
| 43 | Team Betten-Bosch-Hartog | ABBEKERK | Trio | 0:16:42 | 1:42:21 | 1:02:57 | 3:02:00 |
| 44 | Praktijk Dr.Mak | ABBEKERK | Trio | 0:18:58 | 1:48:02 | 0:58:05 | 3:05:05 |
| 45 | Alweertjes | TWISK | Trio | 0:26:27 | 1:50:47 | 0:49:09 | 3:06:23 |
| 46 | Trio Rossio | ABBEKERK | Trio | 0:30:00 | 1:41:27 | 0:55:42 | 3:07:09 |
| 47 | Goud Voor Oud | ZUID-SCHARWOUDE | Trio | 0:27:16 | 1:54:08 | 0:48:46 | 3:10:10 |
| 48 | Met z'n 3en | ABBEKERK | Trio | 0:22:58 | 1:49:12 | 0:59:08 | 3:11:18 |
| 49 | De Idealisten | AMERSFOORT | Trio | 0:18:40 | 1:52:52 | 1:00:50 | 3:12:22 |
| 50 | Tamar-Nikki-Brigitte | SPANBROEK | Trio | 0:22:43 | 1:46:36 | 1:04:59 | 3:14:18 |
| 51 | De Duinsterven | LAMBERTSCHAAG | Trio | 0:24:49 | 1:54:54 | 1:07:25 | 3:27:08 |

1/8 triatlon Abbekerk, 7 september 2008

| <u>Plaats</u> | <u>Naam</u> | <u>Woonplaats</u> | <u>Categorie</u> | <u>Zwemtijd</u> | <u>Fietstijd</u> | <u>Looptijd</u> | <u>Eindtijd</u> |
|---------------|---------------------------|-------------------|------------------|-----------------|------------------|-----------------|-----------------|
| 1 | Michael Krijnen | Spanbroek | Heren | 0:06:36 | 0:41:11 | 0:21:28 | 1:09:15 |
| 2 | Rorik Schouten | HOOGWOUD | Heren | 0:06:34 | 0:42:15 | 0:21:01 | 1:09:50 |
| 3 | Harm Twaalfhoven | HEERHUGOWAARD | Heren | 0:07:28 | 0:38:08 | 0:24:26 | 1:10:02 |
| 4 | Hanno Zomermaand | FRANEKER | Heren | 0:06:48 | 0:38:11 | 0:25:16 | 1:10:15 |
| 5 | Ronald Nijssen | HEERHUGOWAARD | Heren | 0:08:41 | 0:40:33 | 0:24:35 | 1:13:49 |
| 6 | Jeroen Bakker | PURMEREND | H.Jun | 0:07:49 | 0:41:52 | 0:24:47 | 1:14:28 |
| 7 | Richard Geijteman | GORREDIJK | Heren | 0:08:14 | 0:42:57 | 0:24:05 | 1:15:16 |
| 8 | Edwin Heiblom | ALKMAAR | H.Mas | 0:07:08 | 0:42:38 | 0:26:03 | 1:15:49 |
| 9 | Kees Zwaan | OPMEER | H.Mas | 0:08:18 | 0:41:01 | 0:27:21 | 1:16:40 |
| 10 | Wolter Jonkman | HOORN | Heren | 0:08:11 | 0:41:28 | 0:27:21 | 1:17:00 |
| 11 | Sjoerd Twaalfhoven | UITGEEST | Heren | 0:10:36 | 0:41:45 | 0:26:09 | 1:18:30 |
| 12 | Louise Groot | LAMBERTSCHAAG | D.Jun | 0:08:23 | 0:43:19 | 0:26:53 | 1:18:35 |
| 13 | Perry Smits | HOORN | H.Mas | 0:09:25 | 0:43:28 | 0:26:17 | 1:19:10 |
| 14 | Rene Glas | HOORN | H.Mas | 0:09:41 | 0:44:46 | 0:25:15 | 1:19:42 |
| 15 | Alexander Reddering | De Goorn | Heren | 0:08:23 | 0:44:49 | 0:27:26 | 1:20:38 |
| 16 | Dagmar Krijnen - van Dijk | Spanbroek | Dames | 0:08:05 | 0:45:19 | 0:28:16 | 1:21:40 |
| 17 | Steven Oudendijk | HOOGWOUD | Heren | 0:09:24 | 0:46:34 | 0:25:51 | 1:21:49 |
| 18 | Tobias Meester | NIBBIXWOUD | H.Jun | 0:08:20 | 0:45:11 | 0:31:06 | 1:24:37 |
| 19 | Paul Biezeveld | HOORN | H.Mas | 0:09:50 | 0:50:15 | 0:26:04 | 1:26:09 |
| 20 | Casper Koopmans | HOORN | Heren | 0:10:04 | 0:45:21 | 0:31:36 | 1:27:01 |
| 21 | Jimfrey Meijners | ABBEKERK | H.Jun | 0:09:06 | 0:50:33 | 0:27:28 | 1:27:07 |
| 22 | Richard Smits | HOOFDDORP | Heren | 0:10:34 | 0:50:07 | 0:28:35 | 1:29:16 |
| 23 | Stefan Rusch | HOORN | H.Jun | 0:11:14 | 0:52:06 | 0:26:18 | 1:29:38 |
| 24 | Ron Hamers | SPANBROEK | H.Mas | 0:10:15 | 0:50:19 | 0:29:09 | 1:29:43 |
| 25 | Marjolein van Vugt | HEERHUGOWAARD | Dames | 0:11:30 | 0:47:48 | 0:30:56 | 1:30:14 |

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|----|------------------------------|---------------|-------|---------|---------|---------|---------|
| 26 | Selma Admiraal | HEERHUGOWAARD | Dames | 0:09:38 | 0:51:50 | 0:29:14 | 1:30:42 |
| 27 | Joram Kauwoh | DEN HELDER | Heren | 0:09:32 | 0:45:58 | 0:35:49 | 1:31:19 |
| 28 | Maryvonne van den Berg | ALMERE | Dames | 0:07:27 | 0:50:53 | 0:33:50 | 1:32:10 |
| 29 | Mariska Bouwer | ALKMAAR | Dames | 0:09:07 | 0:54:50 | 0:28:38 | 1:32:35 |
| 30 | Stefan Bierman | HOORN | Heren | 0:11:08 | 0:52:10 | 0:31:04 | 1:34:22 |
| 31 | Peter Veerman | PURMEREND | Heren | 0:09:09 | 0:52:10 | 0:33:23 | 1:34:42 |
| 32 | Vincent Bouwer | ALKMAAR | H.Mas | 0:11:11 | 0:52:59 | 0:30:56 | 1:35:06 |
| 33 | Marjon Jaspers | ABBEKERK | D.Mas | 0:09:29 | 0:51:44 | 0:34:04 | 1:35:17 |
| 34 | Roy van Steenoven | DEN HELDER | Heren | 0:11:04 | 0:55:30 | 0:29:06 | 1:35:40 |
| 35 | Jorrit Lind | TWISK | H.Jun | 0:11:11 | 0:51:19 | 0:33:32 | 1:36:02 |
| 36 | Eric Molenaar | HOORN | H.Mas | 0:11:39 | 0:57:07 | 0:27:36 | 1:36:22 |
| 37 | Annemiek Groot | LAMBERTSCHAAG | D.Mas | 0:11:24 | 0:52:35 | 0:33:35 | 1:37:34 |
| 38 | Juliette Mensink | HEERHUGOWAARD | D.Jun | 0:08:55 | 0:52:40 | 0:37:07 | 1:38:42 |
| 39 | Channe Noort | OUDKARPEL | Dames | 0:07:00 | 0:59:17 | 0:33:30 | 1:39:47 |
| 40 | Wina Fakkeldij | OUDKARPEL | D.Mas | 0:10:53 | 0:50:34 | 0:38:41 | 1:40:08 |
| 41 | Marc Wiggers | AMSTERDAM | Heren | 0:12:21 | 0:57:16 | 0:30:34 | 1:40:11 |
| 42 | Pieter Egbers | AMSTERDAM | Heren | 0:13:36 | 0:52:54 | 0:35:08 | 1:41:38 |
| 43 | Monique Bankras | DE WEERE | Dames | 0:12:37 | 0:55:36 | 0:34:07 | 1:42:20 |
| 44 | Ria de Jong | WEESP | D.Mas | 0:12:21 | 0:55:07 | 0:34:59 | 1:42:27 |
| 45 | Anja Tillema | SCHOORL | D.Mas | 0:14:16 | 0:52:39 | 0:37:04 | 1:43:59 |
| 46 | Heiko Meijlink | AMSTERDAM | Heren | 0:15:00 | 0:56:43 | 0:32:39 | 1:44:22 |
| 47 | Mark Hutjes | TWISK | H.Mas | 0:13:25 | 0:59:58 | 0:32:37 | 1:46:00 |
| 48 | José de Jong | OBDAM | D.Mas | 0:12:37 | 0:55:47 | 0:37:45 | 1:46:09 |
| 49 | Jeroen de Jong | OBDAM | H.Jun | 0:15:00 | 0:53:26 | 0:37:44 | 1:46:10 |
| 50 | Henk-Willem Beks | AMSTERDAM | Heren | 0:14:04 | 0:55:13 | 0:37:11 | 1:46:28 |
| 51 | Nynke Mensink - Van de Heide | HEERHUGOWAARD | D.Mas | 0:07:02 | 0:57:53 | 0:41:56 | 1:46:51 |
| 52 | Annette Vogelsang | MEDEMBLIK | Dames | 0:07:58 | 0:59:25 | 0:40:48 | 1:48:11 |
| 53 | Linda Rozema | GORREDIJK | Dames | 0:10:58 | 0:57:50 | 0:41:47 | 1:50:35 |
| 54 | Rosita Douwes | MIDWOUD | D.Mas | 0:13:50 | 1:02:37 | 0:36:03 | 1:52:30 |

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|----|--------------|-----------|-------|---------|---------|---------|---------|
| 55 | Marco Koppes | ABBEKERK | H.Mas | 0:15:00 | 1:00:52 | 0:36:53 | 1:52:45 |
| 56 | Rita Volkers | WOERDEN | Dames | 0:11:05 | 1:09:01 | 0:38:16 | 1:58:22 |
| 57 | Ria Kruse | LELYSTAD | D.Mas | 0:12:28 | 1:06:00 | 0:44:14 | 2:02:42 |
| 58 | Jan Jorna | HARLINGEN | H.Mas | 0:15:00 | 1:04:26 | 1:06:23 | 2:25:49 |

Minitriatlon Jeugd Abbekerk, 7 september 2008

| <u>Plaats</u> | <u>Naam / Team</u> | <u>Categorie</u> | <u>Woonplaats</u> | <u>Zwemtijd</u> | <u>Fietstijd</u> | <u>Looptijd</u> | <u>Totaaltijd</u> |
|---------------|--------------------------------|------------------|-------------------|-----------------|------------------|-----------------|-------------------|
| 1 | Colin Meijners | ntb-cat | ABBEKERK | 0:04:25 | 0:23:50 | 0:09:28 | 0:37:43 |
| 2 | Dé Kanjers Uit Medemblik | Trio | MEDEMBLIK | 0:05:36 | 0:23:44 | 0:09:24 | 0:38:44 |
| 3 | Bas de Wit | ntb-cat | ABBEKERK | 0:04:26 | 0:24:06 | 0:10:31 | 0:39:03 |
| 4 | De Kiefroswitters | Trio | ABBEKERK | 0:05:55 | 0:24:42 | 0:09:47 | 0:40:24 |
| 5 | 6 Bruine Ogen | Trio | WOGNUM | 0:06:35 | 0:24:34 | 0:09:59 | 0:41:08 |
| 6 | Casper van Alfen | ntb-cat | ABBEKERK | 0:05:45 | 0:24:28 | 0:11:02 | 0:41:15 |
| 7 | Joël van Os | ntb-cat | SIJBEKARSPEL | 0:06:52 | 0:24:25 | 0:10:22 | 0:41:39 |
| 8 | Isabelle van Vondelen | ntb-cat | TWISK | 0:06:23 | 0:24:26 | 0:11:24 | 0:42:13 |
| 9 | Het Drietal | Trio | ABBEKERK | 0:06:26 | 0:25:15 | 0:10:54 | 0:42:35 |
| 10 | Keij van Vondelen | ntb-cat | TWISK | 0:06:37 | 0:24:24 | 0:12:53 | 0:43:54 |
| 11 | ShiDoMa | Trio | ABBEKERK | 0:07:07 | 0:25:30 | 0:11:20 | 0:43:57 |
| 12 | Broertjes Twisk en Vonk | Trio | ABBEKERK | 0:06:39 | 0:25:06 | 0:12:37 | 0:44:22 |
| 13 | ..9-10-11: Lisa-Eline en Lieke | Trio | | 0:08:45 | 0:24:47 | 0:11:23 | 0:44:55 |
| 14 | Tijmen Lind | ntb-cat | TWISK | 0:06:50 | 0:24:27 | 0:15:30 | 0:46:47 |
| 15 | Amanda Noordover | ntb-cat | CASTRICUM | 0:06:29 | 0:25:22 | 0:15:06 | 0:46:57 |
| 16 | Toppers uit Twisk, Lise en Sam | Trio | TWISK | 0:07:04 | 0:25:23 | 0:17:36 | 0:50:03 |