

## 24ste Kwarttriatlon Abbekerk, 2 september 2007

Plaats	Naam	Woonplaats	Categorie	Zwemtijd	Fietstijd	Looptijd	Eindtijd
1	Eelco van der Wind	HOORN	Heren	00:14:01	01:15:04	00:40:15	02:09:20
2	Koen Spoorenberg	LANDSMEER	H.Mas	00:14:27	01:14:03	00:45:30	02:14:00
3	Ruud Degeling	HOORN	H.Mas	00:17:10	01:20:34	00:42:14	02:19:58
4	Rinse v/d Ouweelen	MONNICKENDAM	Heren	00:15:20	01:24:04	00:43:48	02:23:12
5	Theo van der Fluit	NOORD-SCHARWOUDE	H.Mas	00:17:00	01:23:52	00:43:25	02:24:17
6	Ronald de Jong	PURMEREND	H.Mas	00:14:43	01:21:55	00:47:59	02:24:37
7	Rob Marinus	HEERHUGOWAARD	H.Mas	00:14:38	01:23:31	00:49:09	02:27:18
8	Martijn Broekman	AMSTERDAM	Heren	00:17:56	01:25:40	00:44:40	02:28:16
9	Cor Edam	NOORDBEEMSTER	H.Mas	00:17:07	01:23:59	00:47:17	02:28:23
10	Ruud Sweep	WINKEL	H.Mas	00:15:50	01:22:47	00:49:46	02:28:23
11	Wolter Jonkman	HOORN	Heren	00:16:51	01:25:26	00:46:16	02:28:33
12	William Kooy	ABBEKERK	H.Mas	00:19:33	01:23:32	00:45:34	02:28:39
13	Frank Ettes	BLOKKER	H.Mas	00:17:59	01:27:56	00:47:03	02:32:58
14	Denny Roos	HOORN	H.Mas	00:15:26	01:24:17	00:53:59	02:33:42
15	Jan Smit	OPPERDOES	H.Mas	00:21:12	01:28:05	00:44:27	02:33:44
16	Gerard Schouten	DELFT	Heren	00:19:38	01:25:52	00:48:41	02:34:11
17	Erwin Le Blansch	ZWAAGDIJK	Heren	00:19:28	01:29:55	00:45:42	02:35:05
18	John Wittenburg	HOORN	H.Mas	00:15:18	01:30:07	00:49:49	02:35:14
19	Kees Groenland	OB DAM	H.Mas	00:18:13	01:28:52	00:48:38	02:35:43
20	Nico Langedijk	MEDEMBLIK	Heren	00:21:25	01:27:16	00:47:09	02:35:50
21	Alexander Reddering	DE GOORN	Heren	00:16:37	01:28:08	00:51:34	02:36:19
22	Wim Edam	NOORDBEEMSTER	H.Mas	00:18:31	01:32:50	00:45:10	02:36:31
23	Rene Huisman	HOORN	H.Mas	00:16:12	01:32:41	00:47:47	02:36:40
24	Liesbeth Lind	TWISK	Dames	00:19:06	01:27:27	00:50:25	02:36:58
25	Marion Visser	NOORD-SCHARWOUDE	Dames	00:15:29	01:30:09	00:51:23	02:37:01
26	Gerben Konijn	SLOOTDORP	Heren	00:19:00	01:26:43	00:51:51	02:37:34
27	Fred Keizer	PURMEREND	H.Mas	00:18:57	01:28:41	00:50:05	02:37:43
28	Bernadette Lohmann	PURMEREND	Dames	00:14:43	01:30:44	00:53:31	02:38:58
29	Bernard Lind	TWISK	H.Mas	00:20:27	01:31:18	00:48:50	02:40:35
30	Arjan de Beurs	ABBEKERK	Heren	00:20:48	01:28:12	00:51:50	02:40:50
31	Hans Last	HOORN	H.Mas	00:21:41	01:35:16	00:45:20	02:42:17
32	Peter de Boer	HEERHUGOWAARD	H.Mas	00:26:13	01:26:24	00:50:08	02:42:45
33	Helmus de Kruijff	OUDENDIJK	H.Mas	00:20:41	01:36:23	00:46:31	02:43:35
34	Robbert van Meulem	OOSTWOUD	Heren	00:16:12	01:31:48	00:56:25	02:44:25
35	Henk Wijbenga	HOORN	H.Mas	00:22:30	01:30:48	00:51:32	02:44:50
36	Kees Capel	SCHERMERHORN	H.Mas	00:19:07	01:34:52	00:50:51	02:44:50
37	Cor Oorthuijsen	EGMOND BINNEN	H.Mas	00:21:49	01:32:47	00:50:27	02:45:03
38	Ruud Haanstra	ABBEKERK	H.Mas	00:22:43	01:40:09	00:45:21	02:48:13
39	Hans Groot	LAMBERTSCHAAG	H.Mas	00:22:02	01:35:26	00:50:51	02:48:19
40	Dennis Kaarsemaker	ONDERDIJK	Heren	00:22:17	01:36:56	00:50:14	02:49:27
41	Cor Kruse	LELYSTAD	H.Mas	00:21:58	01:32:46	00:54:49	02:49:33
42	Frans Dekker	HEERHUGOWAARD	H.Mas	00:28:11	01:34:47	00:46:56	02:49:54
43	Ben Kleinbekman	OUDKARSPÉL	H.Mas	00:24:02	01:34:17	00:51:45	02:50:04
44	Sjors Oorthuijsen	HEERHUGOWAARD	H.Mas	00:19:52	01:35:36	00:54:48	02:50:16
45	Rene Glas	HOORN	H.Mas	00:21:23	01:32:41	00:56:39	02:50:43
46	Niels Mol	WERVERSHOOF	Heren	00:21:01	01:47:18	00:42:56	02:51:15
47	Henny Tol	HOORN	H.Mas	00:18:49	01:36:08	00:57:52	02:52:49
48	Pietermel de Graaf	HOORN	Dames	00:19:12	01:36:19	00:58:00	02:53:31
49	Ed van Mol	HEERHUGOWAARD	H.Mas	00:19:23	01:31:02	01:03:08	02:53:33
50	Tonny Deckers	HOORN	Dames	00:17:47	01:41:21	00:54:42	02:53:50
51	Bert Odie	ABBEKERK	H.Mas	00:22:40	01:35:58	00:56:59	02:55:37
52	Wilco van Warmerdam	ABBEKERK	Heren	00:20:58	01:37:45	00:57:36	02:56:19
53	Gerrit Burggraaf	ABBEKERK	H.Mas	00:22:55	01:40:59	00:54:17	02:58:11
54	Fred van Wageningen	ANNA PAULOWNA	H.Mas	00:22:41	01:37:50	00:58:00	02:58:31
55	Margreth de Vries	ABBEKERK	Dames	00:20:04	01:40:58	01:00:40	03:01:42
56	Bouke Fennema	BRITSUM	H.Mas	00:19:24	01:41:56	01:00:43	03:02:03
57	Christel Betten	ABBEKERK	Dames	00:18:11	01:43:51	01:01:49	03:03:51
58	Gerard Jan van Lijnen						
58	Noomen	ABBEKERK	Heren	00:20:43	01:45:55	00:57:34	03:04:12
59	Anton Douwes	MIDWOUD	H.Mas	00:24:01	01:41:32	00:59:06	03:04:39
60	Jan Scholten	WEESP	H.Mas	00:22:06	01:42:46	01:00:07	03:04:59
61	Chris Steensma	TUITJENHORN	Heren	00:22:42	01:50:21	00:53:00	03:06:03

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62	Frank Detmers	NIBBIXWOUD	Heren	00:20:34	01:36:42	01:09:03	03:06:19
63	Cock van Duin	UITGEEST	H.Mas	00:26:50	01:44:45	00:56:13	03:07:48
64	Michiel van der Ham	MIDWOUD	H.Mas	00:21:24	01:43:56	01:09:05	03:14:25
65	Ronald Dassen	PURMEREND	H.Mas	00:26:07	01:46:58	01:01:49	03:14:54
66	Wim Rootjes	DIRKSHORN	H.Mas	00:27:36	01:47:40	01:00:56	03:16:12
67	Robert Kruijshaar	ZAANDAM	H.Mas	00:27:09	01:50:42	00:59:49	03:17:40
68	Tine Groenland	URSEM	Dames	00:22:34	01:55:25	01:00:04	03:18:03
69	Adri van Assema	HOORN	H.Mas	00:28:27	01:41:02	01:16:14	03:25:43
70	Bas Horneman	MIDDENMEER	Heren	00:22:45	01:51:29	01:31:07	03:45:21
71	Joost van Onna	DEN HAAG	Heren				
72	Wiljam Kaandorp	ALKMAAR	H.Mas	00:19:44	01:46:04		
73	Dave Dolleman	ABBEKERK	Heren				
74	Piet Dewaide	PURMEREND	H.Mas				
75	Simon Schoutsen	MEDEMBLIK	Heren				
76	Henk v/d Grootevheen	ALKMAAR	H.Mas	00:16:05	01:27:41		
77	Wiep Waal	PURMEREND	H.Mas				
78	Jerry Ruitenber	PURMEREND	Heren				

## 24ste Kwarttriatlon Abbekerk, 2 september 2007

Plaats	Naam	Woonplaats	Zwemtijd	Fietstijd	Looptijd	Eindtijd
1	Team Amsterdam 1	AMSTELVEEN	00:15:16	01:11:19	00:35:59	02:02:34
2	Triathlon PowerHollandia	ABBEKERK	00:14:26	01:12:10	00:37:49	02:04:25
3	FF Knallen!	Hoorn	00:16:57	01:13:02	00:42:10	02:12:09
4	Time Out	SPANBROEK	00:19:34	01:12:56	00:40:05	02:12:35
5	Team 47,9	ZWAAG	00:13:13	01:19:42	00:44:54	02:17:49
6	Ruim 100	ZWAAG	00:16:00	01:22:43	00:39:36	02:18:19
7	Just4Fun	ABBEKERK	00:16:53	01:27:17	00:37:40	02:21:50
8	De Parklaantijgers.	ABBEKERK	00:16:57	01:20:48	00:45:48	02:23:33
9	Team Bosch/Boekel	ABBEKERK	00:19:34	01:27:17	00:42:17	02:29:08
10	Kerkstraat Wognum	WOGNUM	00:16:38	01:27:04	00:46:48	02:30:30
11	De Veelplegers	HOORN	00:19:31	01:28:11	00:44:50	02:32:32
12	De DrogeHuijg	WERVERSHOOF	00:20:26	01:24:39	00:47:39	02:32:44
13	Jocomibju	EMMELOORD	00:13:44	01:31:37	00:49:38	02:34:59
14	Jong Belegen	MIDWOUD	00:19:10	01:28:28	00:49:06	02:36:44
15	Stuijt en Berkhout	ABBEKERK	00:19:31	01:23:32	00:53:50	02:36:53
16	Wis En Waarachtig!	NIEUWE NIEDORP	00:23:54	01:30:38	00:43:46	02:38:18
17	Amsterdam 99999999	AMSTELVEEN	00:19:50	01:29:26	00:49:34	02:38:50
18	Leegwater	BROEK OP LANGEDIJK	00:23:04	01:29:50	00:46:53	02:39:47
19	Bestro	ABBEKERK	00:16:35	01:29:04	00:55:15	02:40:54
20	Winnen Is Belangrijker					
20	Dan Meedoen	ABBEKERK	00:20:25	01:20:23	01:00:37	02:41:25
21	Daar Gaan Ze Weer...	ABBEKERK	00:21:47	01:31:15	00:50:45	02:43:47
22	t Laatste Stootje	SPANBROEK	00:20:42	01:35:35	00:50:32	02:46:49
23	Team Betten-Snel-Hartog	ABBEKERK	00:16:58	01:25:26	01:06:17	02:48:41
24	2 Vissen Zonder Vlees	HOORN	00:25:18	01:25:43	00:58:32	02:49:33
25	Kwik Kwek en Kwak	ABBEKERK	00:20:58	01:24:04	01:05:22	02:50:24
26	Gymnasten	ABBEKERK	00:21:00	01:28:58	01:00:41	02:50:39
27	De Spetters	ABBEKERK	00:21:10	01:38:02	00:54:05	02:53:17
28	Bijwaard	ABBEKERK	00:21:43	01:40:07	00:51:34	02:53:24
29	He Gezellig	TWISK	00:24:35	01:38:12	00:51:17	02:54:04
30	Elrero	PURMEREND	00:18:37	01:46:18	00:52:03	02:56:58
31	Trio Rossio	ABBEKERK	00:20:25	01:39:13	00:59:41	02:59:19
32	Brandweer					
32	Abbekerk/Sijbekarspel 2	ABBEKERK	00:21:58	01:38:29	01:01:06	03:01:33
33	De Bikkels	AMSTERDAM	00:26:40	01:40:21	00:57:54	03:04:55
34	Team Hoogland	DIRKSHORN	00:27:49	01:46:20	00:54:48	03:08:57
35	Nooitloof '07	ABBEKERK	00:19:47	01:51:16	01:00:05	03:11:08
36	Dks 1 (dat kan sneller..)	LAMBERTSCHAA G	00:23:48	01:57:13	00:50:19	03:11:20
37	Team Oudkarspel	OUDKARSPER	00:26:34	01:53:57	00:51:53	03:12:24
38	Trio Hellenique	ABBEKERK	00:21:59	01:40:43	01:11:28	03:14:10
39	Midwoudbabes	MIDWOUD	00:23:03	01:57:01	00:55:51	03:15:55
40	Beijing 2008	PURMEREND	00:22:44	02:05:20	00:49:42	03:17:46
41	We Doen Nog Een Rondje!	TWISK	00:22:16	02:04:24	00:51:44	03:18:24
42	Dreamteam	MEDEMBLIK	00:16:38	02:07:34	00:57:46	03:21:58
43	Brandweer					
43	Abbekerk/Sijbekarspel 1	ABBEKERK	00:22:17	02:10:45	00:51:35	03:24:37
44	Dks 2 (dat kan sneller..2)	LAMBERTSCHAA G	00:26:37	02:02:33	01:08:02	03:37:12
45	Trio Dr.Mak	ABBEKERK				
46	Super MarioJos2	HOORN				
47	De 3 Zwaantjes	OPPERDOES				

**1/8 triatlon Abbekerk, 2 september 2007**

<b>Plaats</b>	<b>Naam</b>	<b>Woonplaats</b>	<b>Categorie</b>	<b>Zwemtijd</b>	<b>Fietstijd</b>	<b>Looptijd</b>	<b>Eindtijd</b>
1	Danny Pormes	ANNA PAULOWNA	Heren	00:07:19	00:42:03	00:21:24	01:10:46
2	Richard Geijteman	GORREDIJK	Heren	00:07:57	00:43:12	00:21:47	01:12:56
3	Tobias Meester	NIBBIXWOUD	Heren	00:07:13	00:43:06	00:24:41	01:15:00
4	Ronald Nijssen	HEERHUGOWAARD	Heren	00:10:50	00:44:45	00:21:36	01:17:11
5	Monique Le Blansch - Paauw	ZWAAGDIJK	Dames	00:08:50	00:47:32	00:23:41	01:20:03
6	Gert Jan Smit	ZWAAG	Heren	00:10:18	00:44:59	00:25:05	01:20:22
7	Marco Polm	ALKMAAR	Heren	00:07:51	00:48:33	00:26:15	01:22:39
8	Paul Biezeveld	HOORN	Heren	00:10:18	00:49:08	00:23:53	01:23:19
9	Mariska Bouwer-Vredenburg	ALKMAAR	Dames	00:09:48	00:50:38	00:25:00	01:25:26
10	Monique Beemster-Brattinga	SPANBROEK	Dames	00:11:58	00:48:36	00:25:08	01:25:42
11	Maryvonne van den Berg	ALMERE	Dames	00:07:15	00:48:45	00:31:10	01:27:10
12	Jessica Bustos-Soza	MIDDENMEER	Dames	00:11:59	00:50:45	00:24:32	01:27:16
13	Vincent Bouwer	ALKMAAR	Heren	00:10:53	00:51:04	00:26:21	01:28:18
14	Eric Molenaar	HOORN	Heren	00:11:41	00:54:06	00:23:27	01:29:14
15	Marjon Jaspers	ABBEKERK	Dames	00:10:34	00:49:56	00:28:46	01:29:16
16	Wilma Bakker	NIEUWE NIEDORP	Dames	00:09:25	00:54:26	00:26:24	01:30:15
17	Marloes Brattinga	OPMEER	Dames	00:12:30	00:49:17	00:29:26	01:31:13
18	Henk Joosten	NIEUWE NIEDORP	Heren	00:12:48	00:52:00	00:28:13	01:33:01
19	Ria de Jong	WEESP	Dames	00:11:51	00:52:13	00:29:42	01:33:46
20	Esther van der Linden	ABBEKERK	Dames	00:11:53	00:53:04	00:30:29	01:35:26
21	Annemiek Groot	LAMBERTSCHAAG	Dames	00:11:52	00:55:03	00:28:59	01:35:54
22	Marjolein Verhart	ABBEKERK	Dames	00:11:50	00:54:53	00:31:44	01:38:27
23	Natasja van Braam	TWISK	Heren	00:11:02	00:56:40	00:31:23	01:39:05
24	Rosita Douwes	MIDWOUD	Dames	00:13:33	01:00:47	00:34:11	01:48:31
25	Huib van der Horst	TZUMMARUM	Heren				

**Minitriatlon Jeugd Abbekerk, 2 september 2007**

<b>Plaats</b>	<b>Naam</b>	<b>Woonplaats</b>	<b>Zwemtijd</b>	<b>Fietstijd</b>	<b>Looptijd</b>	<b>Totaaltijd</b>
	Team De Kanjers Uit					
1	Medemblik	MEDEMBLIK	00:04:45	00:24:31	00:08:32	00:37:48
2	Colin Meijners	ABBEKERK	00:05:20	00:24:21	00:08:32	00:38:13
3	Jimfrey Meijners	ABBEKERK	00:04:42	00:24:16	00:10:03	00:39:01
4	Bas de Wit	ABBEKERK	00:04:41	00:25:32	00:09:31	00:39:44
5	Boris de Wit	ABBEKERK	00:04:41	00:24:58	00:10:55	00:40:34
6	Team De Lachen bekkies	ABBEKERK	00:06:13	00:26:12	00:08:45	00:41:10
7	Rob Stuyt	LAMBERTSCHAAG	00:04:25	00:25:38	00:11:17	00:41:20
8	Jorrit Lind	TWISK	00:06:32	00:24:31	00:10:47	00:41:50
9	De Toppers uit Twisk	TWISK	00:07:09	00:25:11	00:09:54	00:42:14
10	Nikki Jaspers	ABBEKERK	00:06:09	00:25:52	00:10:34	00:42:35
11	Mark Bijwaard	ABBEKERK	00:04:59	00:24:45	00:13:25	00:43:09
12	Keij van Vondelen	TWISK	00:06:39	00:25:20	00:12:21	00:44:20
13	Leonardas Schreurs	NIBBIXWOUD	00:07:18	00:26:13	00:13:20	00:46:51
14	Jimmy van Honschoten	ABBEKERK	00:06:08	00:24:33	00:17:13	00:47:54
15	Ruby Dewaide	PURMEREND				